

Adirondack Autumn Women's Backpack Trip

*Henderson Lake, Upper Preston Pond & Indian Pass
(Southern High Peaks & Tahawus ore mine areas)*



Leisurely backpack, camping & day hikes with exploration in an historical ore mining area and very scenic Adirondack region

Thursday - Saturday, Oct 6-8, 2011

During this leisurely paced trek we will explore a couple of scenic passes beginning from the abandoned village of Adirondack, referred to as Upper Works. This area has a long and interesting history, beginning in 1826 when an Indian guide led a party through Indian Pass to show them a vein of iron ore. The mining site at Tahawus is nearby. The terrain for this trip will be gentle to moderate with some sections of trail being a bit "rugged" (muddy and erosion exposed rocks).

This trip is appropriate for beginners as well as those with backpacking experience. The actual backpack distance only will be 2.0-3.0 miles on Day 1. We will set up a base camp for 2 nights and day hike from our camp. If time allows we will hike to Upper Preston Pond, a pristine and very remote mountain pond. On Day 2 we will explore Indian Pass and Indian Pass Brook as a day hike. Wallface Cliff (the highest cliff in the Adirondacks) forms one wall of Indian Pass and is viewable from a point in the pass referred to as Summit Rock. Plan to pack out on Day 3. We should have time to observe the 1854 stone blast furnace as well as remnants of "days gone by."

We will meet at our Tupper Lake home base location Thursday morning (8:30 AM) to pack for the trip. Directions to our meeting location will be provided upon registration. We'll car pool to the trailhead at Upper Works (near Newcomb, NY) a bit over an hour drive once we're set to go. Lightweight camping gear

(*excluding sleeping bag), cooking gear, meals & snacks (Thurs. lunch through Sat. lunch) are provided for this guided outing. Expect to share a tent with another person, unless a solo tent is requested. Our tents are roomy 3 person tents with 2 doors. Each occupant has a door for convenient entry & exit. *Anyone interested in arriving at our home base in Tupper Lake Wednesday evening or staying Saturday night after the hike, is welcome to do so. Just let us know so we can send you more information regarding such.*

Reservations are required for this trip, preferably a month or more prior. Last minute inquiries are welcome. Please [contact us](#) for more information about this opportunity.

Cost: \$435/person based on double occupancy

Group maximum: 4

*NOTE: Our tents are lightweight, have two doors and are roomy & comfortable for two people. Solo tents may be available for an extra charge of \$30. Contact us for availability. *Sleeping bags can be provided, if necessary, for an additional fee.*

Driving directions to our Raquette River location (for overnight accommodations Wednesday or Saturday), a recommended clothing & gear list, a medical form and release of liability waiver, food information for the trip along with other information to help you prepare for this experience will be provided once payment is received. A reservation is confirmed when payment is received.